



The Known World Fiber Arts Symposium

presented by the Canton of Axed Root

November 12-13, 2016

Oakwood Road Community Center
2400 Oakwood Road
Ames, Iowa, USA

kwfas.axedroot.org

A Word from the Autocrats

Thank you for attending the first Known World Fiber Arts Symposium. We're glad that you could be here to make this day that much more exciting. We would like to thank the generous and talented instructors for volunteering the time to make this symposium a success as well as the amazing students who have come to learn.

Of course, this event is designed to be a day of learning, whether new arts or expanding your knowledge on arts you already practice, but we are also hoping that it will be so much more. One of the things which holds the fabric of our society together is our relationships with each other. The stronger our bonds, the stronger our game. This is a chance to get to know people who share our passions from across our society and make new friendships which cross borders.

It is our hope that you will take many new things home from our time together today, new skills, new ideas, new projects, and new friends who will help you continue to grow long after the final song of the post-revel has been sung and we are making our trips home.

Thank you for being here today. We'll make this event a success together.

In Service,

Honorable Lady Kristine nic Taillier and Master Vincent de Vere

Class Descriptions

Pleats and Ruffles

Instructor: Mistress Diachbha the Weaver (Calontir)

Weaving Pleats and Ruffles is really quite easy and only 4-shaft looms are needed. This class explores the technical side of weaving pleats and ruffles as well as historical information about how and when these types of clothes were used.

[Notes About Class](#)

10 Students Maximum

Silk along the Silk Roads

Instructor: Mistress Diachbha the Weaver (Calontir)

This is a lecture format class that explores the types of silk that traveled along the Silk Roads in order to understand what was available in Europe during different periods of the Middle Ages. Reeled silk from China, woven silk cloths from India, Persian and Anatolia. Gorgeous lampas, damask and brocade cloths. Silken gift-garments. Silk bales. In other words... how did the Romans and the Norse both end up with Chinese silks?

[Notes About Class](#)

20 Students Maximum

Indian Cottons – Fit for a King

Instructor: Mistress Diachbha the Weaver (Calontir)

This class examines the importation of Indian cottons into Europe during the late Middle Ages. What began as a trickle during Henry VIII's reign would eventually completely change the economy of Europe and spark the Industrial Revolution. Come see how it all begun!!!

[Notes About Class](#)

20 Students Maximum

Introduction to Bobbin Lacemaking

Instructor: The Honorable Lady Aine Nic Taillier (Calontir)

Come with a knowledge of working with string. We will be learning the first steps in making bobbin lace (and hopefully end the day with a bookmark).

[Notes About Class](#)

6 Students Maximum

Wood Block Printing and Stenciling on Fabric

Instructor: Mistress Tatiana Marana Melville (Northshield)

Hands on class. Using Indian wood blocks to print on fabric to create beautiful designs. Printing fabric was done in SCA period. Instructor will provide supplies, including fabric to use but if students would like to print on their own fabric they can bring their own.

[Notes About Class](#)

10 Students Maximum

Beginning Netting

Instructor: The Honorable Lady Jehanette de Provins (Northshield)

Come and learn an art as old as fishing. Netting has been used as a utilitarian art form for as long as people have fishing, but in the 12th-15th century we have evidence of some beautiful snoods/hairnets made using these same techniques. Come and learn the some of the history and core techniques while creating a snood for yourself in this hands-on class.

[Notes About Class](#)

5 Students Maximum, \$15 for Kit, \$2 for handout only

Intermediate Bobbin Lace – Messing with color

Instructor: Honorable Lady Aine Nic Taillier (Calontir)

Come with basic knowledge of bobbin lace and we'll work with using color to enhance your patterns

Notes About Class

10 Students Maximum

Nalbinding-going beyond cat toys and tubes

Instructor: The Honorable Lady Taryn MacTavish (Northshield)

We will learn the Oslo stitch, how to connect a chain to make a spiral, increase and decrease.

Notes About Class

10 Students Maximum

Intermediate Netting

Instructor: The Honorable Lady Jehanette de Provins (Northshield)

Netting has been used as a utilitarian art form for as long as people have fishing, but in the 12th-15th century we have evidence of some beautiful snoods/hairnets made using these same techniques. With the core techniques for netting a hairnet/snood already under your belt, you are ready to move on, but how? Learn a little more of the history of hairnets and how to net in the round and apply beads to your netting in this hands-on class.

Notes About Class

7 Students Maximum, \$15 for Kit, \$2 for handout only

Presentation on why modern Kumihimo techniques are not SCA period

Instructor: Lord Nakos Theodorosides (Calontir)

A presentation on the history and timeline of Japanese braiding, written evidence, image evidence, and archeological finds. A comparison of structural and shape differences, mistakes possible, and word origins.

Notes About Class

Basic Japanese Finger Loop Braiding

Instructor: Lord Nakos Theodorosides (Calontir)

An overview of basic Japanese Finger Loop Braiding, including how to set-up the loops, securing the braid, moves, various hand positions, finishing techniques. Handouts for basic, intermediate, and advanced finger loop and hand loop braiding will be available. Instructor will have own projector to display moves.

Notes About Class

10 Students Allowed (more for observation)

Tools for Loop Braiding around the World, How to use them and Make them.

Instructor: Lord Nakos Theodorosides (Calontir)

This class will go over period tools and modern adaptations for loop braiding. While not correct for most cultures, the tools can still be used and would be very useful for the SCA loop braider. Tools that will be covered are the footbeater and a modern platform that will allow a single braider to make multiple braider patterns. Both tools to not change the braiding methods and thus will create an identical replica of extant braids. The tools allow a single person to beat the braids fell by themselves and allow braiders to make braids longer than their wingspan.

Notes About Class

Reconstructing the Past: a look at Experimental Archaeology and the production of textiles

Instructor: Dread Vicountess Seelie Brianna Sutherland (West)

This lecture and hands on experience looks at the techniques used in Experimental Archaeology labs at Humboldt State University with archaeology students. Included is a look at the construction and use of tools, the production of textiles and fibers perishable, reconstructed structures, and how they are used in daily life and warfare.

Notes About Class

10 Students Maximum

Textiles, Tools and Structures from the Museums and Collections of Europe

Instructor: Dread Vicountess Seelie Brianna Sutherland (West)

This slide presentation and lecture looks at textiles, textile production tools and structures found in the museums and collection facilities that Seelie has visited and worked with in the pursuit of her MA and PhD (currently in research). Included are museums from England, Sweden, Norway, Germany, Austria, Belgium, Netherlands and Denmark. Storage facilities include the State Historical Museum, Stockholm; Gotland Fornsal Magazine, Visby; Museum of London; Natural History museum, Vienna.

Notes About Class

Knotted hairnets in Period: Decoration

Instructor: The Honorable Lady Jehanette de Provins (Northshield)

While some hairnets were very simple, some were simply extravagant. This class will cover, using lecture and demonstration, several methods of decoration for knotted hairnets in period. This will include use of color, different gauges, netted in patterns, appliqued pieces, and embroidered nets.

Notes About Class

15 Students Maximum, \$2 for Kit

Fleece sampler

Instructor: Lady Metylda of Ravenslake (Midrealm)

Sheep fibers can differ greatly from one breed to the next (and sometimes from one year to the next.) A look at different sheep breeds and their fiber, as well as fun facts, and a talk about “periodness” of the breed. Samples will be available for people to see, touch, smell, (taste if you really want to).

Notes About Class

20 Students Maximum, Donations graciously accepted

Making it Happen: Turning your idea into a finished piece

Instructor: Honorable Lady Fiondel Songspinner (Calontir)

Tips, tools, and tricks for turning your idea for an embroidered piece into a reality. Course will cover choosing a design, good sources for design inspiration, the best tools and supplies for different types and eras of embroidery, how to get the design onto the ground, so that you can start stitching, how to get started, and other practical considerations.

Notes About Class

Elizabethan Embroidered Dress Accessories

Instructor: Mistress Amy Webbe (East)

Class will be primarily lecture/slideshow, focusing on the aesthetics of Elizabethan embroidery as found in embroidered dress accessories, including coifs, nightcaps, jackets. Slideshow will include study room photos from various museums in the US and UK.

Notes About Class

20 Students Maximum

Blending for color using wool cards

Instructor: Lady Lasair nic Taillier (Calontir)

In this class students will learn how to use hand cards to blend fiber. Using wool, we will blend a series of rolags gradually changing the color from white to black.

Notes About Class

10 Students Maximum, \$5 for Class

Basic Embroidery Stitches

Instructor: The Honorable Lady Constanza de Sevilla (Northshield)

Learn some basic embroidery stitches like chain, stem, and satin stitches

Notes About Class

10 Students Maximum, \$3 for Kit

Nalbinding – The Grandmother of Knitting

Instructor: Lady Twilleliah nic Taillier (Calontir)

Nalbinding is an ancient craft of fabric making done with yarn and a blunt needle; it is how people created fabric before knitting was invented. This craft dates back to Coptic Egypt, around the 4th Century, and may date back as far as 4,000 BCE in Israel. It is done all over the world, and many people still use it. Nalbinding has been found in Viking digs as well. In this class students will learn two basic stitches, how to start and how to finish a project. Instructor will demonstrate increasing, decreasing and how to pivot (turn a corner). Instructor will also discuss how to read charts and give a very brief Nalbinding History. All supplies and handouts will be provided. Students will take home a mug rug.

Notes About Class

8 Students Maximum, \$1 for Kit

Students Should Bring:

– a blunt upholstery needle with a big eye; a pair of scissors; about 50 yards of thick, natural yarn (A THICK single yarn like lopi or lambs pride works the best, bulky Alpaca or a wool blend yarn works well too. Cotton and acrylic don't work as well, but you may bring them if you are allergic to other yarns.)

Basic Kumihimo

Instructor: The Honorable Lady Fiona the Younger (Northshield)

This is a very basic Kumihimo class (Japanese Rope Braiding). I will be going over a brief history of Kumihimo and what a finished project can be used for. I will give a brief description of the equipment/parts used, show how to wrap the bobbins, and also how to do a basic braid. Most of the time will be hands on. Everyone will get their own kit to use in the class and they will be able to take it home with them.

Notes About Class

5 Students Maximum, \$15 for Class

REALLY – YOU Can Make a Brick-Stitch Embroidered Pouch!!

Instructor: Lord Miklos Farma (Calontir)

Brick Stitch (aka Satin Stitch) was a common stitch used in the making of Germanic (and other) pouches in the 1300-1500s. Come learn a bit about the pouches, how to do the brick stitch itself, tricks to not lose count when making the piece, and how to make the pouch. When class is over, you will have the foundational knowledge to make your own pouch. A Facebook Group will be created which will contain a “class equipment list” (what little there will be for it), as well as a place to ask questions in advance of the class to help shape what is taught in the class itself.

Notes About Class

\$3 for Class

Intro to Japanese Shibori Dying

Instructor: San Miyamoto no Akikonomu (An Tir)

Class will explore the history of shibori dying, common period techniques and patterns. Also if time allows a discussion of Tsujigahana, a 15th-17th century outgrowth of shibori. Students will practice some common tying and clamping techniques on silk. If time allows, we may do some dying – if there is a safe area to do some dying (or students may take home their tied pieces of silk and a small (1/2 oz) bottle of instant-set Colorhue dye). Class will also cover traditional Japanese dyes and dye combinations

Notes About Class

10 Students Maximum, \$10 for Class

Intro to Late Period Turkish Embroidery and Techniques

Instructor: San Miyamoto no Akikonomu (An Tir)

Introduction to Turkish embroidery and stitches, 15th – 17th Century. Demonstration and practice of common stitches, discussion of commonly used colors, and dyes. Instructor will provide embroidery floss, pre-drawn design on fabric. If possible, students should bring small hoop (approx 5” diameter) and 1 or 2 embroidery needles, but instructor will bring spares.

Notes About Class

10 Students Maximum, \$3 for Class (\$5 if needles and hoops are needed)

Poke and Stitch: Embroidery for the Absolute Beginner

Instructor: Kaðrin (Midrealm)

This class is about the very basics of embroidery. If you have never picked up a needle before, this class is for you.

If you have done any hand sewing or embroidery, most of this class will be information you already know.

Notes About Class

6 Hands On Students Maximum/Capacity of Classroom to Observe, \$3 Donation

Appreciated (but not required) if you want to keep the embroidery hoop, needle, and floss.

Beginning Drop Spinning

Instructor: Mistress Thorhalla Bjarnadottir (Outlands)

Come learn the craft our ancestors took for granted. Students will leave the class with a good foundation on how to spin a sound single, and how to turn those singles into a two ply yarn.

Notes About Class

10 Students Maximum, \$5 for Class (includes a spindle to take home and fiber),

ALLERGY ALERT: This class will use sheep wool.

Double face, tablet weaving workshop/demonstration

Instructor: The Honorable Lady Johanne of Fisher Gate (Calontir)

This is a workshop to show how I, personally, do double face. I'll show how I modify my charts, the tools I use, the prompts and “markers” I use, my tensioning techniques for even width, etc. If you bring your own loom, set up for double face, I will help you with any issues you may have with your own work. I will have 7 student looms with short lengths already set up. These may be borrowed for the day on a first come, first served basis. If you've never done tablet weaving before and plan to work “hands on,” please don't take this class. It's not for beginners. If you just want to watch and see what it's all about, come ahead.

Notes About Class

10 Students Maximum, \$45 if you borrow a set up loom (Cards, thread and chart go home with you.)

Class Schedule

Room:	A	B	C	D
9:00AM	Pleats and Ruffles	Introduction to Needle Lace (Punto in Aria)	String Theory	Warping Clinic - warping for card weaving
10:00AM	Elizabethan Embroidered Dress Accessories	Beginning Netting	Medieval Japanese Dyes, Weaves, and Cloth Embellishment Techniques	
11:00AM	Silk Along the Silk Roads	Intermediate Netting: Netting in the Round	Successful Embroidery: Learn from my Fail	Beginning Card Weaving
12:00PM	Jane Bostocke and her Sampler	Introduction to Bobbin-lace making	Reconstructing the Past: a look at Experimental Archaeology and the production of textiles	
1:00PM	Parchment Repairs in Medieval Books	Double-face tablet-weaving workshop/ demonstration	Knotted Hairnets in Period: Decoration	Pick-up Inkle Weaving
2:00PM	Indian Cottons - Fit for a King		Poke & Stitch: Embroidery for the Absolute Beginner	Intermediate Bobbin Lace-Messing with Color
3:00PM	Intro to Late Period Turkish Embroidery and Techniques	Intermediate Netting: How to Create Patterned Netting	Textiles, Tools, and Structures from the Museums and Collections of Europe	Basic Embroidery Stitches
4:00PM	Really, YOU Can Make a Brick-Strich Embroidered Bag		Basic Inkle Weaving	
5:00PM	Begin Clean-up			

Class Schedule

Room:	E	F	G	H
9:00AM	Blackwork	Lucet Cording, Beaded Trim, and Banner Cords	Besloten Hofjes	Nalbinding- The Grandmother of Knitting
10:00AM	Presentation of why modern Kumihimo techniques are not SCA period		Make it Happen: Turning your Idea into a Finished Piece	Intro to Shibori Dying
11:00AM	Basic Japanese Finger Loop Braiding	Loom Basics	Wood Block Printing on Fabric	
12:00PM	Nalbinding - going beyond cat toys and tubes	Polychrome raised work embroidery		
1:00PM	Advanced Lucet Techniques	How to Warp an Inkle Loom	Beginning Drop Spinning	
2:00PM	Tools for Loop Braiding around the World, How to use them and Make them			Scissor Sharpening
3:00PM	Advanced Kumihimo braids and methods	Rigid Heddle Warping & Weaving (Looms Provided)	Begin Cleanup	Begin Cleanup
4:00PM	Basic Kumihimo			
5:00PM	Begin Cleanup			

Rigid Heddle Warping & Weaving (Looms Provided)

Instructor: Lord Sebastian d'Hinnisdael (Calontir)

Students will be introduced to the warping board and the rigid heddle loom. Students will (1) use a warping board to measure, cut and tame a bundle of warp threads; (2) tie and wind the warp on a small rigid heddle loom (ten inch weaving width); and (3) weave on the rigid heddle looms. There won't be a lot of time to weave during class, but the warped looms will be available after class in the common room if students want to do more weaving. Warping board, loom, yarn and other supplies are provided for five students.

Notes About Class

5 Students Maximum, More Observers are Welcome

Besloten Hofjes

Instructor: The Honorable Lady Roxelana Bramante (Northshield/Calontir)

Besloten Hofjes is Dutch for Enclosed Gardens and refers to a specific type of reliquary shrine that was popular with Beguins (non-vow-taking religious women) from 1480 to about 1530 in the Low Countries and Western Germany. The main feature of these gardens are the intricately made silk flowers, created by wrapping silk thread over vellum and wire. The broader art form is known as Passementerie. Roxelana has spent many years studying, visiting, photographing, and recreating the extant shrines. The class will be a brief history, lots of pictures, and a very basic tutorial on making the flowers. Extra time can be spent in the lab so if you intend to attempt flower making bring a really sharp scissors that can do fine detail cutting of vellum and a small pointy needle. Any thread or floss will work when starting.

Notes About Class

Minimal Donation if Materials are Needed

Jane Bostocke and her Sampler

Instructor: Mistress Anne of Hatfield (Atlantia)

This course is an introduction to period needlework samplers in general, and the Jane Bostocke sampler in particular. The Bostocke sampler is the earliest dated English sampler that is currently known. We will talk about the materials used, the stitches worked, and the designs wrought. It is not a hands-on class, but patterns derived from the sampler are included in the handout.

Notes About Class

Planning for Successful Embroidery: Learn from My Fail

Instructor: Honorable Lady Caoilfhionn inghean Cheallaigh úí Mhórdha (Northshield)

Have you ever looked at an embroidery project midway through and realized, "This is never going to work"? It's tempting to dive right into making something, but a little planning can stave off disappointment and disaster. This class covers the basics that every project plan should include, plus best practices that are worth the time, tips for documentation before the last minute, and some good stories that came out of bad planning.

Notes About Class

Loom Basics

Instructor: Lady Rebeca la Chienne (Calontir)

Parts, Description and Demonstration of necessary pieces of a loom and how they each function on multiple styles and types of looms. Will have inkle looms, rigid heddle, and two harness table looms available as references.

Notes About Class

20 Students Maximum

How to warp an inkle loom

Instructor: Lady Rebeca la Chienne (Calontir)

Follow-up from Loom Basics class: warping an inkle loom for basic weaving.

Will have a few inkle looms available (3?) for hands-on warping experience (students may have to share), or class participants may bring their own. I will bring lots of yarn and a few pairs of scissors.

Notes About Class

10 Students Maximum

Blackwork

Instructor: The Honorable Lady Constanza de Sevilla (Northshield)

Learn the basics of how to do blackwork and tips and tricks for more advanced patterns

Notes About Class

10 Students Maximum, \$4 for Kit

Basic Inkle Weaving

Instructor: Lady Antonia Stefani (Calontir)

Learning to warp an inkle loom and a basic pattern. Participants need to bring their own loom and #3 crochet cotton in at least 2 colors. A tablet or smartphone is handy, but not necessary, for the patterning program.

Notes About Class

8 Students Maximum

Advanced Lucet Techniques

Instructor: Gilana Peregrina (Calontir)

Have the basic lucet cord down and wondering what else you can do with it? Come learn multiple techniques for incorporating more than one color, adding in beads and bobbles, and making button closures.

Notes About Class

15 Students Maximum

Lucet Cording, Beaded Trim and Banner Cords

Instructor: Mistress Galiana fitz William (Outlands)

Learn how to use a Viking lucet to create strong and decorative Cording, Beaded Trim and even rope. If you do not own a lucet, the first 20 students who wish one will be provided a handmade, hardwood lucet and a supply of #10 crochet thread, which you can take home. A illustrated handout will also be provided.

Notes About Class

20 free lucet kits. Up to five more students if they have their own lucet and thread.

Warping Clinic

Instructor: Lady Sorcha Bhuidhe (Northshield)

Did you buy a loom and now are thinking "what's next"? Come to the clinic and get some help on warping your loom for the first time for tablet-weaving. You bring the appropriate accessories, ex. Loom, tablets, string to warp (multiple colors are best) I'll bring knowledge and helping hands. We can even take a picture so you can remember for next time. I will also have one basic inkle pattern and one basic tablet pattern for you to take home.

Notes About Class

10 Students Maximum

Introduction to Needle Lace (Punto in Aria)

Instructor: Vicountess Leyla al-Manadiliyya, OL (Northshield)

The basic skills of needle lace are easy to learn. We will use buttonhole stitch to make a simple pointed lace edging, suitable for late-period clothing and accessories.

Notes About Class

8 Students Maximum. This is fussy, so not suitable for young children.

Polychrome Raised Work Embroidery

Instructor: Vicountess Leyla al-Manadiliyya, OL (Northshield)

The colorful raised work embroidery from late 16th century England is not as hard as it looks! With two basic stitches—chain stitch and detached buttonhole stitch—we will work a small sample, to build the skill and confidence to create fabulous polychrome accessories for your late Elizabethan wardrobe.

Notes About Class

8 Students Maximum. This is fussy, so not suitable for young children.

Intermediate Netting: How to Create Patterned Netting

Instructor: Honorable Lady Giraude Benet and Honorable Lady Aine Nic Taillier (Calontir)

Learn how to take the craft of netting a step beyond and manipulate loop sizes and positions to create patterns in net. This technique can be used to create a type of netted lace referred to as “mezza mandolina,” which appears in the fabrics of late SCA-period clothing. Basic knowledge of how to knot a net is a prerequisite for the class.

Notes About Class

8 Students Maximum \$3 for class handout. Netting tools will be available to purchase separately.

Embroidered Parchment Repairs in Medieval Books

Instructor: Mistress Elynor of Glastonbury (Calontir)

This class will be a lecture and discussion of the history and examples of embroidery used to repair parchment holes and rips in the pages of decorated medieval manuscripts. Kits will be available with pieces of “damaged” parchment, thread, needles, and a handout of possible techniques, if students want to try their hand.

Notes About Class

10 Students Maximum. \$5 (optional if you wish to purchase the kit)

Introduction to Medieval Japanese Dyes, Weaves, and Cloth Embellishment Techniques

Instructor: Honorable Lady Lynette de Warenne (Midrealm)

Among the early medieval textile finds in the Shousou-in and Houryu-ji treasure houses, pattern-dyed fabrics tend to come in three techniques: kyoukechi (clamp resist), koukechi (tied resist), and roukechi (wax resist). However, an embargo on the wax trade led to the development of a rice-based norizome resist based on a Chinese art form; katazome (stencil dyeing) and tsutsugaki (freehand resist piping) are two of the medieval techniques that led into the now-legendary Yuuzen-style kimono art of the Edo period. Come learn about the history and the theory of how to create and execute your own medieval Japanese dye techniques, including a discussion of some of the connections between dye terms and dye materials.

Notes About Class

String Theory

Instructor: Meijin and Lady Gwendyon Casgudcath and Lucia de Moranza (Ealdormere)

A look at how string manipulation has evolved through the ages, and all the interesting paths that it's taken on the way to the forms that we know and love today.

Notes About Class

10 Students Maximum

Scissor Sharpening

Instructor: Master Isengrimm Slegja (Calontir)

Learn to sharpen your sewing scissors! If you would like to participate please bring a pair of scissors/shears that can come apart.

Notes About Class

4 Participants Maximum, observation welcome. \$5 (for supplies)

Beginning Card Weaving

Instructor: Lady Adelaide Sarsfield (Calontir)

Want to try Card Weaving, but don't want to invest in a loom quite yet? Loaner looms will be available, already warped up, so we can get to the fun part faster! Just bring yourselves! If you enjoy your loom and would like to bring it home, they will be for sale.

Notes About Class

10 Students Maximum. Donation (no more than \$3!) for thread used.

Advanced Kumihimo braids and methods

Instructor: Lord Nakos Theodorosides (Calontir)

Class will cover more complex marudai patterns and an introduction to the takadai. Much of this class will be hands on. If you've done some kumihimo braiding or are just coming from the Beginning kumihimo class, you'll have 90% of the skill needed.

Notes About Class

10 Hands On Students Maximum, Standing Room for Watchers

Class Handouts

We have made as many class handouts as possible, available for viewing and downloading on the Symposium's website kwfas.axedroot.org. We intend to maintain the website for at least three months after the event is over. Each handout is linked from the class' description on the Classes page of the website. If you have trouble accessing any of the class handouts from the website, please contact the Handouts Coordinator, Lord Giovanni Loredan, handouts@kwfas.axedroot.org. He will assist you.

We also want to thank the crew at the local Staples store for working with us to print and deliver the class handouts to the event for the instructors. They were also the ones to print this Site Book.

Ames Food and Drink Options

Aunt Maude's

547 Main St | 515-233-4136
auntmaudesames.com
Casual Dining

Della Viti

323 Main St | 515-232-0241
dellavitiames.com
Wine, Beer, Cocktails

Dutch Oven Bakery

219 Duff Ave | 515-232-9244
dutchovenbakeryiowa.com
Pastries, Rolls, Soups, Sandwiches

Fighting Burrito

117 Welch Ave | 515-292-2222
fightingburrito.com
Burritos, Nachos, Tacos

Hickory Park Restaurant Co

1404 S Duff Ave | 515-232-8940
hickoryparkames.com
Hickory Smoked BBQ, Ice Cream

Jimmy John's

1310 S Duff Ave | 515-232-4567
jimmyjohns.com
Sandwiches, Salads

Olde Main Brewing Co

316 Main St | 515-232-0555
oldemainbrewing.com
Locally Brewed Beer

Pizza Pit

207 Welch Ave | 515-292-6600
pizzapit.biz
Pizza, Chicken, Hot Sandwiches

Szechuan House

3605 Lincoln Way | 515-292-7888
szechuanhouselincolnway.com
Chinese

Chocolaterie Stam

230 Main St | 515-232-0656
stamchocolate.com
European Chocolates, Coffee

Dublin Bay Irish Pub and Grill

320 S 16th St | 515-956-3580
dublinbayames.com
Irish, American, Beer, Whiskey

El Azteca

2727 Stange Rd | 515-292-9494
elaztecaames.com
Mexican

Great Plains Sauce & Dough Co

129 Main St | 515-232-4263
greatplainspizza.com
Pizza, Sandwiches, Salads

Jeff's Pizza Shop

2402 Lincoln Way | 515-292-2321
jeffspizzashop.com
Pizza, Pasta, Sandwiches, Salads

Mucky Duck Pub

3100 S Duff Ave | 515-598-5127
themuckyduckpub.com
British, Beer

PepperJax Grill

414 S Duff Ave | 515-232-2285
pepperjaxgrill.com
Cheesesteaks

Pizza Ranch

1404 Boston Ave | 515-232-1999
pizzaranch.com
Pizza, Chicken, Salad

888 Chinese

809 Wheeler St #106 | 515-232-3366
888restaurantames.com
Chinese

+39 Italian Restaurant

2640 Stange Rd | 515-292-0039
plus39italian.com
Italian